

North Shropshire Wheelers

(For further info on any of the following, please contact Phil Guy, 07970 047734 or at grandadguy@gmail.com)

Time Trials Programme 2025

Once again the Norths will be offering a full programme of club time trials, details of which are given in the following pages, together with details of the various competitions for the Associations to which the club is affiliated. There is a slightly reduced number of club-only events and more use of open events (O) this year to try and reduce the marshalling burden:-

Club championships:-

10 miles	16 July	Barry Ralphs Memorial Trophy
25 miles	25 June	Jim Gresty Memorial Trophy
50 miles	08 June	(West Cheshire 50) Jim Hopwood Cup
100 miles	26 May	(Anfield 100) Norman White Memorial Trophy

- The above trophies are for the fastest rider overall at each distance.
- Trophies, yet to be determined, will be provided for the fastest female rider at each distance.
- In addition, medals will be awarded (one rider one medal) in each championship for :-
 - 1st, 2nd, 3rd fastest male
 - 1st , 2nd, 3rd fastest female
 - Best male Vet on Age Adjusted Time
 - Best female vet on Age Adjusted Time
 - Fastest Junior

Club Events and Nominated Open Events

The table below lists the NSW club events and nominated open events for 2025. It shows the various club competitions for which each event counts.

All club events will be Entry-on-the-line, so advance entries will not be required. No advance start sheets will be issued. Entry fees for NSW members for the above events will be **£5.00** per rider, (£3 of which is CTT levy). For Non NSW members the entry fee will be £6 per rider.

Nominated open events (O), used as club events, will need to be entered on line via the CTT website.

Evening 10 mile Series (Wednesdays, HQ at Prees Cricket and Sports Club)

- The evening 10 series will be on two courses, the Prees course (D32/10)*, and a course based on the Hawkstone circuit (D310/2)*. *Course details below.
- HQ for all evening events (except the Hillclimb) will be at Prees Cricket and Sports Club in Prees Village.
- Start time is 19:00 or 19:30 (details in events listing) on top of the Prees bypass for both courses. Allow at least 10 mins to ride to the start.
- Points awarded 10 – 1, best 6 scores to count.
- Entry and sign on at HQ from 18:00. Sign on will close at 18:30.
- Entry fee for NSW members will be **£5.00** (Non NSW members £6.00)

NSW Season-long Trophy Competitions

Jack Duckers Trophy, Jack Duckers Vets' and Ladies' Trophies

Points awarded in each category in selected club/open events. All events count. Events up to 25m, Points 5,4,3,2,1; Events 26-50m, Points 10,8,6,4,2; Events 51m-100m, Points 15,12,9,6,3)

Senior Best All Rounder Shield, Handicap BAR Shield**

Average speed on actual time and on handicap. Fastest at each distance to count:

1 x 25m: 1 x 50m: 1 x 100m

Your handicap time for the relevant events will be based on your best performance at the distance at the start of the season (per CTT website). These trophies cannot both be won by the same rider, with the Senior BAR taking preference.

Junior BAR Trophy**

Average speed on actual time. Fastest at each distance to count

2 x 10m: 1 x 25m:

Ladies' BAR Trophy (Bryan Collins Memorial Trophy)**

Average speed on actual time. Fastest at each distance to count.

1 x 10m: 1 x 25m: 1 x 50m:

Veterans' BAR Trophy**

Best aggregate plus on Age Adjusted Speed. Best at each distance to count.

1 x 25m: 1 x 50m: 1 x 100m

Other NSW Club trophies

Edward Jones Cup: Fastest 25 of the year in **any** open/club event.

Ethel Howard Memorial Cup: Greatest distance of the year in **any** 12 hour event.

24 Hour Trophy: Greatest distance of the year in **any** 24 hour event.

** Note: For club BAR competitions, at least two out of the three qualifying rides must be recorded in events on "D" courses. ie events in the Liverpool DC area.

Claims for these competitions should be lodged with the TT Sec by 30 September each year.

NSW Club Events and Nominated Open Events (O)2025

Date/tos	Event	Course	JD Series	Senior /Vets' /H'cap BARs	Ladies BAR	Junior BAR	10 Series
Apr 14, Sun, 0800	MSW 25 (O)	D25/20	JD1	S, V	L	J	
May 14, Wed, 1900	2up ttt 10	D32/10					
May 21, Wed 1900	Eve 10 Pr	D32/10			L	J	R1
May 26, Mon, 0600 NSW Champ	ABC 100 (O)	D100/8	JD2	S, V			
May 28, Wed, 1900	Eve 10 Pr	D32/10			L	J	R2
Jun 4, Wed, 1930	Eve 10 Ha	D310/2	JD3				R3
Jun 8, Sun, 0730 NSW Champ	WC50 (O)	D350/1	JD4	S, V	L		
Jun 11, Wed 1930	Eve 10 Ha	D310/2	JD5		L	J	R4
Jun 18, Wed, 1930 Durber Cup, RB only	Eve 10 Pr	D32/10	JD6		L	J	R5
Jun 25, Wed, 1900 NSW Champ	25	D25/20	JD7	S, V	L	J	
Jul 2, Wed, 1900	Hawkstone Hilly 19	D19/2	JD8				
Jul 9, Wed, 1930	Eve 10 Pr	D32/10			L	J	R6
Jul 16, Wed, 1930 NSW Champ	Eve 10 Pr	D32/10			L	J	R7
Jul 23, Wed, 1930	Eve 10 Ha	D310/2			L	J	R8
Jul 30, Wed, 1930	Eve 10 Ha	D310/2			L	J	R9
Aug 6, Wed, 1900	Eve 10 Pr	D32/10			L	J	R10
Aug 13, Wed 1900	Hill climb	Wirswall	JD9				
Aug 17, Sun, 0730	WC25 (O)	D25/23 T	JD10	S, V	L	J	
Aug 24, Sun , 0800	NSW (O) Open 25	D25/23 T		S,V	L	J	

NSW 10 mile courses

D310/2 10 miles (2018) Hawkstone Course

Course description	Distance (m)
Start on A49, approx 3 miles south of Prees Island, at southern end of fence on bridge on Prees Bypass	0
Proceed south along A49 to Weston Cross Roads	2.81
Turn left along unclassified road through Weston under Redcastle to junction with former A442 (now unclassified)	5.97
Give way and turn left along former A442 through Marchamley to Lower Heath, to junction with B5065	9.34
Turn left and south along B5065 to finish opposite "Cumberbatch", at end of fourth concrete pad on right at Westview Stone Ltd entrance on right, approx 0.3m before Cruckmoor Lane/Broadhay Rd Crossroads.	10.00

Course D32/10 Prees Course

Course description	Distance (m)
Start on A49 on the south side of Prees Bypass opposite the "right turn" sign (going south), at the start of the central hatched area, 0.17m south of the bridge joint on the bypass bridge.	0
Proceed north along A49 to Prees Island (Give way line at entrance to roundabout) Do not use tri bars on roundabout, including entrance/exit.	2.93
Encircle Island and retrace along A49 south, passing through start point (6.28m), to Prees Green, where turn left along B5065. Do not cross the central white line on the entrance and exit to the corner.	7.04
Proceed north east along B5065 to junction with former A442 at Lower Heath (Give way line) (The Tumps)	8.34
Turn left on former A442, now B5065, to turn left into Green Lane, 250 yards before the junction with A41	9.73
Continue along Green Lane to finish at telegraph pole no 4 (A1624), second pole on the left after Hawkstone View on the right.	10.00

Merseyside Ladies Cycling Association

Individual BAR: Fastest average speed over 1 x 10m, 1 x 25m, 1 x 50m

Team BAR: Fastest two ladies from same club (same basis as BAR)

Handicap Championship: as above, but based on handicap times

Schoolgirl Trophy: awarded to the fastest at 10 miles

Junior Champion: 1 x 10m, 1 x 25m to count

Veteran Champion: 1 x 10m, 1 x 25m on VTTA standard

All open events on "D" courses count as qualifying events for the above time trial championships.

Track Championship: to the rider with the most points at end of the season (minimum 5 meetings). Points to be gained at Manchester Velodrome during the January – April session.

Charlie Taylor Road Race Series: awarded on Points

The following nominated events have been selected for the following awards:

26 April	Mersey Tri 10	D10/1	<i>Early Season Cup</i>
1 June	Chester RC 25	D25/86	<i>Audrey Bradburn Trophy</i>
8 June	West Cheshire 50	D350/1	<i>James Fothergill 50 Cup</i>
22 June	Birkenhead NECC 25	D25/8E	<i>Bob Memery Trophy</i>
6 July	West Cheshire 12hr	D12/1	<i>Burma Cup</i>
24 Aug	North Shrops Whs 25	D25/8e	<i>Gordon Saville Cup</i>
30 Aug	Liverpool Century 10	D33/10	<i>Molly Soens Cup</i>

West Cheshire TTCA Competitions

Individual Championships

Awards for Seniors, Ladies, Juniors, Vets

18 May - 30 miles Championship	Ellerdine
24 May - 10 miles Championship	Ellerdine
26 May - 100 miles Championship (Anfield 100)	Ellerdine
8 June - 50 miles Championship	Ellerdine
6 July - 12 hour Championship	Ellerdine
17 Aug - 25 miles Championship	Wollerton

Senior Best All Rounder

Best Average speed in: 1 x 25m, 1 x 50m, 1 x 100m, 1 x 12 hours
Any open events on a "D" course

Ladies' Best All Rounder

Best Average speed in: 1 x 10m, 1 x 25m, 1 x 50m
Any open events on a "D" course

Junior Best All Rounder

Best Average speed in: 1 x 10m, 1 x 25m
Any open events on a "D" course

Veterans' Best All Rounder

Best aggregate plus on Age Adjusted Speed in: 1 x 25m, 1 x 50m, 1 x 100m
Any open events on a "D" course

West Cheshire Points Series(11 events)

Points awarded 120, 119, 118.....etc

Individual competition: Senior, Ladies, Junior, Vets 40+, 50+, 60+, 70+

-best 6 scores to count

Team competition:

-every ride to count

Counting events:

Event 1	Feb 22	Chester RC Hilly 15
2	Apr 18	Birkenhead NECC Hilly 22
3	May 18	West Cheshire 30
4	May 24	West Cheshire 10
5	Jun 1	Chester RC 25
6	Jun 8	West Cheshire 50
7	Jun 15	Wrexham CC Hilly 32
8	Jui 12	Port Sunlight WHS 10
9	Aug 17	West Cheshire 25
10	Aug 24	North Shrops Whs Open 25
11	Oct 5	Wrexham CC Hill Climb (Horseshoe Pass)

Shropshire Cycling Clubs Association

Friction & Hydraulics Championship Points Series

for Seniors, Juniors, Ladies, Veterans, based on points scored in selected open events. **Best 12 performances to count for individual competition. All rides count towards "Top club" competition.**

Qualifying events (entry details in CTT handbook):

Event 1	Mar 018	Wrekinsport Hilly 17
2	Apr 6	Paramount Hilly 20
3	Apr 13	Mid Shrops Whs 25
4	Apr 26	Bridgnorth Hilly 21
5	April 27	Velotik 15
6	May 11	Mid Shrops Whs 50
7	May 18	WCTTCA 30
8	May 24	WCTTCA 10
9	May 26	Anfield BC 100
10	Jun 4	Hafren CC 10
11	Jun 8	WCTTCA 50
12	Jun 22	Birkenhead NECC 25
13	Jun 26	SCCA Champ 25
14	July 10	Oswestry Paragon CC 10
15	July 16	Wrekinsport CC 10
16	Aug 10	Aerologic RT 10
17	Aug 17	WCTTCA 25
18	Aug 24	North Shrops Whs 25

"SB Sports Injuries and Physiotherapy Series" Club events Points Series

for Seniors, Juniors, Ladies, Veterans, based on points scored in selected club events. **Best 12 performances to count for individual competition.**

Qualifying events:

Events yet to be determined

Coaching Revolutions 2up Series

Qualifying events:

Events yet to be determined

Hill Climb Series

Qualifying events:

Events yet to be determined

Best All Rounder Competitions

for Seniors, Juniors, Ladies, Veterans. All events in Shropshire to count.

Full details are available on the SCCA fb page or at www.shropshirecca.org.uk

Veterans Time Trials Association **Merseyside Group**

(Group President and Hon Treas: Phil Guy)

Trophy events 2025

Trophies for actual fastest and best on Age Adjusted Time in the following events:-

March 29	Liverpool Braveheart 10
April 13	Mid Shropshire Whs 25
May 18	West Cheshire 30
June 1	Chester RC 25
June 8	West Cheshire 50
July 12	Port Sunlight Whs 10
August 24	North Shropshire Whs 25

Best all Rounder Competitions

On Age Adjusted and on Actual time

National and Group competitions:-

4 distance BAR (25m, 50m, 100m, 12hrs) – men and women

3 distance (25m, 50m, 100m) – men and women

2 distance (2 x 10m, 2 x 25m) – men and women

Group only competition

3 distance (10m, 25m, 30m) – women

Standard Medals and Plaques

You can apply for and win a Standard medal each year, for each distance, by beating your age standard time for that distance. It's not as complicated as it sounds and provides excellent motivation to keep you racing and training from season to season. It is the most popular form of competition in the VTTA.

****** for further information on all VTTA competitions and how to apply for and claim your standard medals, please get in touch with Phil Guy, or visit vttta.org.uk or Facebook******

NB: You have to be an individual member of the VTTA to be eligible for any of the above awards. (Membership fee 2025 is £19.50 – see Phil)